



MASSACHUSETTS

Visit the Opioid Resource Center



How to Overcome the Stigma

Shame and guilt can make those suffering from substance use disorder less likely to get help. Together, by reducing the stigma, we can help those in need get care. Here's how you can help:

1. Offer compassionate, nonjudgmental support
2. Seek out more information about substance use disorder and the opioid crisis
3. Share your stories and experience with others, and listen to theirs.

[Learn More](#)

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